

Name: \_\_\_\_\_

# Sir Flossmore's Dental Hygiene Quiz

- 1) How often and when should you brush your teeth?
  
- 2) How long should you brush your teeth for?
  
- 3) How often should you floss your teeth?
  
- 4) Why should you floss?
  
- 5) What is a cavity?
  
- 6) What is Plaque?
  
- 7) When sugar and bacteria get stuck in the plaque what does it cause?